

Tara Monack has worked for the YMCA for 27 years at a few locations and currently serves as the Executive Director at the Woodbury YMCA. What she loves most about her job is building relationships with people and helping people achieve their goals. She earned her bachelors degree in Business Administration from Capella University. Tara lives with her husband in South St. Paul and has 2 young adults children ages 23 and 22. She grew up in a small town in Minnesota and enjoys spending time with her family. During free time she enjoys reading, gardening, and riding on the back of her husband's motorcycle.